



## *The Art of the Matter*

Art has an interesting way of connecting a community. It crosses many cultural, educational, and spiritual boundaries with compelling images. A work of art reaches deep within and touches individuals in transformative ways while having little or no impact on others due to the personal nature of art and our own individuality. While our differences may divide us, art unifies our collective imagination. The art work displayed throughout the Village at the Incarnate Word forges community bonds because it reflects the creative involvement in preserving history, sharing memories, and bridging the gap between creativity and inspiration.

Before the first brick was laid in Dubuis House, our staff sought to cultivate a climate where art would generate conversation while offering an aesthetically pleasing backdrop for visitors, residents, and staff. Works by local artists such as Brother Cletus Behlmann, Richard Arredondo, Caroline Korbell Carrington, Gwen Dugat, Sid Williams III, Rita Maria Contreras, Sonya Gonzalez, and Sister Maria del Socorro Laza, were chosen for display throughout Dubuis House.

The collection offers powerful images of our past, such as the three young Sisters' first journey to San Antonio by way of France and Galveston in the late 1800s. It is a commemoration of their milestone – embodiment of the journey. Amazingly, this rendering was taken from an old photograph. Years later we can reflect on that inspirational journey from which our future was being paved.

Our efforts to infuse art into our community extend beyond Dubuis House. We have works displayed throughout the Village with subjects ranging from

portraits, still life, – and the occasional folk art – among the historical and landscape pieces. Brother Cletus's work with all its colorful vibrancy is displayed in our main dining room and in the DeMatel House.

Another forum for showcasing artists is through the Connections outreach program. Sid Williams and his students exhibited work at the first anniversary celebration of the Dubuis House in March 2009. Seeing the hard work Sid and his students put into the exhibit reminds us that in an age of moving images in our video-crazed world, we can still take a moment to reflect on the power of art and recognize new connections that emerge as a result.

Some art may be more personal to us individually, such as the small landscape piece in my office which was painted by a resident. It is sentimental to me as I remember her words: "I painted this for you so that your skies will always be blue."

In the Chapel of the Incarnate Word expressions of the various Sisters ministries are shown artistically, as symbols, from its founding to ministries in health care, education, and elder care stand as a testament to the great works being accomplished through their leadership.

Our future is a continuous unfolding of memories cast in color by acts of the imagination. That is our connection to the creative process. Fortunately, as we reflect about the many residents, staff members, and visitors that come through our community, we can find

comfort in knowing how our connection to the art binds us to the world we shared here at the Village at Incarnate Word. All these images leave us with the humbling notion that their impact is felt long after the artists paint their last brush stroke.

**Steve Fuller**  
**Executive Director**



*Artists and crafts display during The Village annual open house Nov. 22.*

# Dance Classes

*Note: All classes are in Christus Heritage Hall unless otherwise noted.*

## Monday

**Intermediate Latin Dance Class**, 7-8:30 p.m., no dance partner needed, \$5 donation at the door. **Exception:** Jan. 18 class – Angelique Garden Room. For information, please call Aaron Bussey at 533-7750.

## Tuesday

**Folk Dance**, 7:30-9:30 p.m. Dances from around the world are taught and all ages are welcome. The dances have easy steps, exotic music, and many of the dances tell a story. No partner required. \$3 per person. Call Sherry Marton, 493-4629, for more information.

## Wednesday

**Ballroom & Latin Classes with Patrick McMillan** – Eight-week session. Dance partner required, \$80 couple/\$85 non-members. The next eight-week sessions begins **Jan. 6 and March 3**, 6:30 p.m. - Beginning and Lower Intermediates; 8:00 p.m. – Higher Level Intermediates. **Exception:** March 24 class – Angelique Garden Room.

## Thursday

**Line Dancing with Patrick McMillan** – 6-7:30 p.m., free.

**Third Thursday Workshops** - 7:30 - 9:30 p.m. Patrick McMillan, instructor. \$15 per couple.

Jan. 21 – West Coast Swing

Feb. 18 – Texas Two-Step

March 18 – Country Two-Step (Triple-Two)

April 15 – Single Time Swing

## Friday

**Salon Mexico** – 7-10:30 p.m. Includes a one-hour basic Latin dance lesson, no dance partner needed, \$3 donation at the door.

See flyers available on Friday evenings for special workshops and classes or go to [www.salonmexico.20m.com](http://www.salonmexico.20m.com) or call 533-7750 for more information.

Jan. 1 – No Dance

Jan. 8 – Cha Cha Cha

Jan. 15 – Tango

Jan. 16, 2 p.m. – Intermediate Tango  
(**Angelique Garden Room**)

Jan. 23 – Cumbia

Jan. 29 – Waltz

Feb. 5 – Salsa

Feb. 12 – Danzon

Feb. 13, 2 p.m. – Intermediate Danzon

Feb. 19 – Swing

Feb. 26 – Bolero

March 5 – Mambo/Cha Cha

March 12 – Tango

March 13, 2 p.m. – Intermediate Tango

March 19 – Cumbia

March 26 – Rumba Cubana

April 2 – No dance

## Saturday

**Ballroom Dancing – First Saturday** of each month, 7-9:30 p.m., \$3 per person. **Exception:** No dance Jan. 2 or April 3. This informal dance night gives couples or singles the chance to enjoy dancing the waltz, rumba, foxtrot, cha cha, swing and more. Hosted by Sandra and Mike Asher.

**English Country Dancing – First Saturday** of the month. Fun for all ages and offers movement, balance and coordination benefits! **Angelique Garden Room**, 7:30-10 p.m., \$2 per person. For info, call Jimmy Drury at 541-0760.

**Folklorico** – 10 a.m., \$5 per session paid at time of attendance. **Exception:** Jan. 16 class – Angelique Garden Room. Learn a variety of Mexican Folkloric dances. For more information, call Laura Sanchez Lindner at 533-7750.



*Band leader Warren Cook entertains dancers at the October Harvest Moon Dance. Save the date for the Connections spring dance set for April 10 in Christus Heritage Hall. This*

*“old-school prom night” is just the occasion to visit a thrift store for a great costume. The theme will be Starry, Starry Night. Watch for more details.*

## Chi Gong/Tai Chi Outreach Schedule



***Mondays:*** 10-11 a.m. St. Benedict Catholic Church, 4535 Lord Rd., 648-0123.  
6:30-7:30 p.m., Pan Am Library, 1122 Pyron Ave., 924-8164.

***Tuesdays:*** 12:30-1:30 p.m. Yoga Easy, Ferrari Learning Center, 107 W. Rampart, 207-7650.

***Thursdays:*** Noon-1 p.m., Wesley Wellness Clinic, 1406 Fitch St., 924- 5191.  
2-3 p.m., Ferrari Learning Center, 107 W. Rampart, 207-7650.  
5-6 p.m., Pan Am Library, 1122 Pyron Ave., 924-8164.

***Fridays:*** Noon-1 p.m., Billa Learning Center, 1033 Ada St., 534-9905.

Instructors: Mary Martha McNeel and Anita Rogers.

***All classes are FREE and open to the public.***

## Art

**Williams Watercolor & Acrylics** – Instructor Jeff Prestridge carries on the teachings of the late Sid Williams. Five-week sessions for beginners and beyond is each *Wednesday, 1-4 p.m.* Classes begin *Jan. 20 and Feb. 24* in the Angelique Garden Room.

**Alamo Decorative Artists** – Various workshops. For information, call Kathy Swigon at 274-1395.

**Community Drum Circle** – with Steve Austad, first and third Saturdays, 5:30-7:30 p.m., Garden Room. Lesson at 5:30 p.m.; drumming 6-7:30 p.m. \$5 suggested donation. Bring a drum/percussion instrument or use one of theirs.

**S.A. Poetry Society** – Meets the first Saturday of each month, 2-4 p.m. in the Garden Sun Room. Residents and guests are invited to visit and listen to readings and discussion. The club's membership includes many diverse poets. For more information, call Sheila Moore at 497-8884.

## Fitness

**Water Exercise** – one-hour workout in heated pool. Instructors are: Marguerite Kownslar and Wanda Riley. *Mon/Wed/Fri: 10 a.m.-noon and Tues/Thurs: 2-4 p.m.*, \$15 per month. The first hour of each class is instructed exercise; the second hour is open swim. Bring a water bottle to class if desired.

**NEW CLASS!!! Zumba Gold**– A less strenuous Zumba class for beginners, active older adults and restricted participants, using Latin music and dance steps. Each *Thursday, 5:30 p.m.*, Garden Room, \$5 per class.

**Regular Zumba** – Aerobic workout to Latin music and dance steps. Each *Thursday, 6:45 p.m.*, Garden Room, \$5 per class. Bring a water bottle and a small towel.

## Games

**MahJongg** – Learn the game of Confucius and the ancient emperors of China, Mah Jongg, the national game of China – *Tuesdays, 9:30 a.m.-noon and 1-4 p.m.; Thursdays, 6:30-9 p.m.* Call Kay Carter, 653-6182, for information, class schedules and cost.

**Intermediate Bridge** – Verlyn Stahlecker shows how to develop tricks through promotion, length and finesse. *Mondays, 9:30-11:30 a.m.* Classes begin *Feb. 1 and March 29* and run eight weeks. Minimum of six people required. Cost is \$40 for non-members/\$35 for members, Angelique Garden Dining Room.

**Intro to Duplicate Bridge** – Competition bridge instruction in a friendly environment with instructor Linda Williams. Call Linda at 269-1121 for more information and class start dates.

## Group Meetings

**Crohn's & Colitis Disease Support Group** – second Tuesday of the month, 7 p.m., Private Dining Room. For information, call Bryan or Joy Kurner, 366-3340.

**Grief Support and Reflexology** – Grief support is open to anyone who has lost a loved one and would like to join in the journey of healing, sharing, and reaching out to others in need. Facilitated by Sr. Estella Flynn. She is also available for reflexology and healing energy. Please contact Sister for either at 283-3927.

**Recovery, Inc.** – Meets every Tuesday from 10 a.m. – noon in the Angelique Garden Sun Room. For more information on this self-help mental health support group visit its web site at [www.recovery-inc.org](http://www.recovery-inc.org) or call Tom Kane at metro (830) 216-4264.

**Reflexology** – Sr. Annella Conway, certified reflexologist, is available by appointment only. This drugless therapy releases stress, improves circulation, and promotes healing through the Ingham Method of deep compression of nerve endings in the feet, \$30 per visit. For an appointment call 930-4350 or 416-7512.

# Registration Form

Please return this form to the address on the reverse with payment to register for classes. You may call, fax, or email to hold your space in a class & bring payment to first class. Please pre-register for all classes and events.

- \*Complete and sign registration form
- \*Bring form to first class if registering by telephone or email
- \*Make checks payable to: IWRC Connections. For SPARKS classes, make checks payable to Alice Holden, CCVI
- \*To receive a written confirmation, please send a stamped, self-addressed envelope
- \*No refunds/credits can be made after a class is underway. If you cannot attend a class for which you have paid and notice is given before class begins, credit for future use will be given.

Membership # \_\_\_\_\_ (for discounted fees)  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/Zip: \_\_\_\_\_  
 Telephone: \_\_\_\_\_  
 E-Mail Address: \_\_\_\_\_

**Connections on-line**  
[www.iwretire.org](http://www.iwretire.org)

<i>I would like to register for the following class/events (Please obtain parking permit at first class)</i>	
Class Name	Amount
___ Check    ___ Cash	

- \_\_\_ Yes, I want to join Connections, \$10 annual per person (2009). Annual membership is on a calendar year basis.
- \_\_\_ \$100 Life, per person
- \_\_\_ I would like to make a donation of \$ \_\_\_\_\_.

*Membership in Connections is not required for participation, however, your membership entitles you to various discounts and privileges while it supports the ongoing program.*

I acknowledge that I have been advised to check with my personal physician to determine that I can safely participate in Connections programs. I agree that the Village at Incarnate Word, the Congregation of the Sisters of Charity of the Incarnate Word, their employees, volunteers, board and officers are not liable for any potential medical costs, compensation or injury to me resulting from my participation in the facility or other locations. I and my heirs do hereby release and waive forever any claims for damage arising out of my participation.

Signature \_\_\_\_\_

## Movies

**Wednesday Movie Matinee**  
**1:30 p.m.,**

**Pierre House Recreation Room**

Fans of classic films join host Jim Brezik each week for great musicals, romantic comedies, mystery and film noir from the golden age of films. Thanks to Half-Price Books on Broadway for the weekly trivia prize.

**January Theme:** Movie Matinee Goes on the Road with Bing, Bob and Dorothy (Part 2) AND Jim's Birthday Choice

- Jan. 6**            *The Road to Utopia*
- Jan. 13**        *The Road to Rio*
- Jan. 20**        *The Road to Bali*
- Jan. 27**        *Diamond Horseshoe* (Jim's Birthday Choice)

**February Theme:** Toast to the "Great White Way" – Broadway, Part 3

- Feb. 3**            *Bloodhounds of Broadway*
- Feb. 10**        *Bables on Broadway*
- Feb. 17**        *Give My Regards to Broadway*
- Feb. 24**        *Lullaby of Broadway*

**March Theme:** Jazz in Film, Part 9 – More classics exploring the influences of big bands in the movies.

- March 3**        *You Were Never Lovlier*
- March 10**      *Hollywood Hotel*
- March 17**      *Springtime in the Rockies*
- March 24**      *Young Man with a Horn*
- March 31**      *A Song is Born*

For more information, please call Jim Brezik at 824-1075.

*Connections* of the Village at Incarnate Word

The Village at Incarnate Word  
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San Antonio, TX 78209-6200  
(210) 829-7561



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*Connections is a community service program open to the general public of all ages and is sponsored by the Village at Incarnate Word, a non-profit organization established by the Sisters of Charity of the Incarnate Word. Please visit our website at [www.iwretire.org](http://www.iwretire.org). For schedules and information click on Connections.*

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